

August 8-13, 2022



Dear Caregivers and Campers:

I am so thrilled that you have chosen to join us for the BEST WEEK EVER! Whether you are a new or returning camp family we hope that you are as excited about the summer as we are!

Each year we give campers wonderful experiences based on the following:

- Providing an atmosphere that is physically and emotionally safe for campers
- Ensuring that our staff are well-trained, mature, and are role models for your camper(s)
- Offering a wide-variety of activities that push your camper(s) to develop skills and friendships
- A place to openly share about their experiences living with a bleeding disorder
- Creating fun and positive experiences that will last a lifetime

I hope that you will partner with us to ensure that this is a successful experience for your camper(s). As a start, this parent/camper handbook will answer many of your questions concerning your campers' upcoming week at Camp Klotty Pine. We suggest reading the guide book to answer any questions that you may have as a starting point and then reach out as needed. We look forward to working with you and your camper(s).

We look forward to seeing you at Camp Klotty Pine this summer!

Best, Karin Koppen, Camp Director



Camp Klotty Pine's mission is to enhance the lives of children affected by a bleeding disorder by providing life-changing camp experiences that are exciting, empowering and educational, in a physically safe and medically sound environment.





# About Camp Klotty Pine

Camp Klotty Pine creates magical, life-changing experiences for children living with a bleeding disorder. At camp, children develop confidence, independence and build life-long friendships and memories while they swim, canoe, hike, play laser tag and learn outdoor skills. Camp is also a place of encouragement, mentoring, and education for kids learning to self-infuse and enhance their role in self-care, a skill essential for life.

#### Camp Klotty Pine is designed for:

- Children ages 7-15 living with a bleeding disorder
- Children ready for the overnight, independent camp experience
- Children who want to connect with other children in the bleeding disorders community
- Children who are ready to learn about, or take, the first steps toward self-care and self-infusion

## Location



Camp Turning Rivers N885 Youth Camp Road Campbellsport, WI 53010

Nestled in the rolling hills of the Kettle Moraine State Forest, the Turning Rivers facility is the ideal place for summer camp. Turning Rivers is a beautiful facility owned by the Wisconsin Department of Natural Resources that is adjacent to the Milwaukee River and surrounded by hundreds of wooded acres.

The facility includes 8 modern cabins that can house over 200 people, a Dining Hall, main lodge, heated swimming pool with water slide, Alpine Tower, Sport-Court, 175-foot slip n' slide, vast recreational areas and more.

## Camp Contact Information

The Camp Klotty Pine director is available to answer questions about the program or any concerns you may have. We know communication is important and understand that your camper is your number one priority. Therefore, please feel free to call us anytime by phone or email.



Karin Koppen
Camp Director
414-937-6782
<a href="mailto:kkoppen@glhf.org">kkoppen@glhf.org</a>
<a href="mailto:campklottypine@gmail.com">campklottypine@gmail.com</a>





## Facility













# Daily Schedule

Our schedule is designed to provide the maximum amount of camper fun, choice, and time to connect with others and develop friendships. *Each day will vary slightly.* 





7:00 am Rise and Shine and Prep for the Day

8:00 am Breakfast

9:00 am Activity Choice 1

10:00 am Activity Choice 2

11:00 am Activity Choice 3

Noon Lunch

12:45 pm Siesta

2:00 pm Camp Klotty Pine Program 1

3:00 pm Snack

3:15 pm Camp Klotty Pine Program 2

4:15 pm Free Swim

5:45 pm Dinner

6:25 pm Evening Program

9:00 pm Cabins

Showers, Reflections, and Tuck-ins

## GENERAL CAMP INFORMATION

#### **Behavior Expectations**

Attending Camp Klotty Pine is a privilege that you have chosen for your camper(s). It is our intention to provide positive, Klotty Pine has a strict policy regarding bullying. The atmosphere that is created at camp is intended to make all of our campers feel both physically and emotionally safe. Please carefully read and sign the Behavior Agreement found in your registration regarding these issues to help ensure an enjoyable experience for your camper(s) and others.

#### **Camp Store**

Food, snacks, and camp swag is all provided by Camp Klotty Pine, making a camp store unnecessary. No need to send money.

#### <u>Campers with Special Needs</u>

Camp Klotty Pine strives to offer a positive experience for campers of varying abilities within our available resources. In order to provide the most successful experience for your camper, please contact Karin Koppen, two weeks prior to camp, if you camper has special needs and may require additional staff or if you have questions or concerns. We will accommodate when resources allow.

#### Care Packages

Although campers enjoy receiving care packages from home, we won't be accepting them in 2022 due to Covid-19 precautions. Regular mail is acceptable.

### GENERAL CAMP INFORMATION, CONTINUED...

#### **Home Sickness**

Going away to camp can be a challenging experience for a child of any age. Short term separation from parents and learning independence are important parts of growing up. Some children have difficulty coping with the challenges that come with going away to camp. This anxiety is perfectly normal and is common.

Talking with your camper prior to camp lets them know you have confidence in their ability to cope with the new camp lifestyle. Focus on the positive aspects of camp, including making new friends, exciting activities and how proud you will be when they succeed. Once at camp, our staff applies the best homesick cure known: We keep campers busy having fun with their new friends, they have little time to be homesick!

#### **Inclusion Statement**

Inclusion at Camp Klotty Pine means each person feels welcomed, accepted, respect, supported, safe, involved, and valued. Camp Klotty Pine affirms and promotes participation in all of its activities across all dimensions of diversity included; but not limited to: race, color, sex, disability, sexual orientation, gender identity or expression, age, or national origin, and without requiring adherence to any religious belief or creed. The foregoing shall apply to all camp activities and inform all of its decisions, including with respect to its campers, volunteers, staff, and etc.

#### LIT Program

The Leaders In Training (LIT) schedule will vary slightly from the general camper schedule. LITs work alongside their assigned counselors throughout the week to help facilitate programming and aide in general camp operations. In the evening LITs will focus on skill development, daily evaluations, and reflections.

It is our goal that these service learning opportunities will prepare the LITs to be a counselor one day.

For questions about the LIT Program or your LIT the week of camp, please contact Kailee Frederick at 414.937.6784.

## GENERAL CAMP Information, Continued...

#### Meals/Snacks

Balanced meals are planned and served by the food service staff. Campers will eat family style with cabin groups. Note: To help ensure that we are able to meet your child's needs, if your camper is a vegetarian or has special dietary restrictions, please include this information in their registration.

Snacks will be offered to campers mid-afternoon and evening programs.

\*Peanuts are not used in any of our meals or desserts due to high number of peanut allergies\*

#### Photographs/Social Media

Photos and a daily update will be posted on the Great Lakes Hemophilia Foundation facebook page wach night. Like us at facebook.com/wiblooddisorder/ to follow along. Although we take a good deal of photos, there is no guarantee of a photo of every child being posted every day.

#### Staying In Touch With Your Camper(s)

We encourage letters from you as the best way of communicating with your camper. Positive, supportive letters let your camper hear from you in a constructive way. You may want to send a letter a few days prior to the session to ensure it is received while your campers is at camp. You may also give to Camp Director at check in. Campers are encouraged to reply by writing letters. We suggest that campers bring paper and pre-addressed stamped envelopes.

Letters: Camper Name, Camp Klotty Pine

N885 Youth Camp Road Campbellsport, WI 53010



## Medications

#### **Health Lodge**

Camp maintains a 24-hour Health Lodge, staffed by nurses and on site, or on call, hematologists from the Wisconsin Hemophilia Treatment Centers. The Health Lodge is stocked with standard first aid and medical supplies (Tylenol, Advil, Throat Lozenges, Band-Aids, etc.). Please do not send those types of medical supplies with your child to camp. If you are unsure of whether certain medications will be available, call your HTC to discuss with your nurse.

#### Insurance

The camp does not carry a health and accident insurance policy on campers. Any illness or injury requiring the services of local physicians, and/or hospital, or prescription must be covered by parent's/guardian's medical insurance, or by the parent/guardian themselves.

#### **Medications at Camp**

Your child should bring enough of all prescription medications that he/she will need to take while at camp for the entire session. We will collect, and review, your child's medications, doses, non hemophilia medication instructions, and schedule with you at the check-in table as you arrive to camp or before boarding bus. These medications need to be in their original prescription bottles. Please do not send non prescription medications to camp, if you believe your child needs an over the counter medication while at camp please consult your HTC.

Please bring an enough <u>factor</u> with you to the check-in table for your child's scheduled doses at camp. <u>Campers on prophylaxis should have the doses needed for the length of camp plus two additional doses.</u> <u>Campers on demand treatment should bring at least two treatments to camp and also consult their HTC physician.</u> Please do not pack the factor in your child's luggage. The factor should be given to the health lodge staff at check-in. Infusion supplies will be provided by camp.

Note: The Camp Nurse cannot dispense any medications which are not in properly labeled original prescription vials or boxes. Medications must be turned over to the Camp Nurse upon arrival. All unused medications will be returned at the end of the session.

## Camp and Covid-19

We will continue to monitor the latest recommendations by the CDC, American Camping Association, and local health authorities. If our leadership team determines it is in necessary to increase precautions, we will notify each family in writing of these changes. We ask you to please remember that the pandemic continues to be an evolving situation and we prioritize the safety of our camp community as a whole above all else.

At this time camp does not have a mask or vaccination requirement.





## Independence









Our campers participate in bleeding disorders education throughout the week. Skilled Hemophilia Treatment Center staff meet each camper at their own unique skill level working with them on infusions and self care. Summer camp is the first step to independence for many campers!

Fun















## Friendship















## Safety









Nothing is more important than the physical and emotional safety of the children in our care. Camp staff undergoes training in CPR, First Aid, building emotional safety for children, preventing bullying, and more.

There are 1-3 Hemophilia Treatment Center nurses on site at all times and a hematologist on call. Local hospital and EMS are notified of our campers needs in advance.

Camp Klotty Pine is hosted at an American Camp Association accredited facility, which requires compliance with over 300 health, safety, and program quality standards.







# Camp Bus

GLHF Camp Busses are available from several locations based on camper interest. Typical locations include; Milwaukee, Madison and Green Bay. Campers will go through their medical check in prior to boarding bus.

# Caregiver Drop off/Pick Up

Campers being dropped off and picked up directly at camp will be assigned drop off times after registering to make check in run as quickly as possible. Campers will be check in and have a lice check before caregivers leave camp.

# Registration

Camp Klotty Pine uses the CampDoc online registration system. Please visit GLHF.org, or call us for registration instructions.

Karin Koppen
Director of Camp and Community
Outreach
kkoppen@glhf.org
414.937.6782



# Camperships

At GLHF we understand that families have different capacities to invest in camp. Camperships are available to ALL campers. If you are moved to donate to camp to invest in the future of our program, you may do so during registration, by choosing an amount that works best for your family.

# Pack Your Bags!

#### Clothing/Gear to Bring:

Please label all clothing with full name

6 shirts (t-shirts)

1 - 2 pr. long pants (cool nights)

3 pr. shorts

6 sets underwear/socks

1 sweatshirt or sweater

1 light-weight jacket

2 pairs pajamas

2 swim suits /beach towels

1 sleeping bag or bedding (A sheet and a blanket will be fine if you do not have a sleeping bag)

1 pillow with pillowcase

1 flashlight with batteries

1 Hat to block sun

1 Rain poncho or rain gear

2 bath towels and washcloths

Comfortable hiking/walking shoes

1 pr. walking sandals (no flip-flops)

1 laundry bag

#### Personal Hygiene

Bath soap & Shampoo Deodorant Toothbrush/tooth paste Shower sandals Sunscreen Insect repellent



#### PLEASE Do Not Bring:

Smoking materials
Illegal drugs or alcohol
Soda, food, candy
Valuables (Jewelry, money, etc)
Fireworks
Firearms or Weapons of any kind
Pocket knives, axes, tools
Cell phones, computers, tablets, radios
or personal stereos, MP3 players, hand
held video games, iPods, etc...



GLHF.ORG/WHAT-WE-DO/CAMP

## THANK YOU SPONSORS!







# See You At Camp!

